

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Preschool Entree/ Sa</b>	Cucumbers Stick	Roasted sweet potatoes dip	Chick peas dip	21 minutes eggs	avocado dip
<b>Main Course</b>	Rich Beef Goulash	scrambled eggs with crunchy bacon bits	Chicken Dijonaise	Poached Hoki Fillet White Wine sauce	100 pure beef burger
<b>Variety of Salad</b>	Baby spinach leaves	Rocket de Coree	Beetroot	Carrot rapee	Iceberg and tomatoes
<b>Bread</b>	Baguette	Assorted Roll	Lebanese bread	garlic crostinni	Bun
<b>Carbohydrate</b>	Spirally pasta	potatoes Rosti	Roasted Kumera & Pommes nouvelles	Pilaf rice	Golden Corn Kernels
<b>Vegetables</b>	carrot & capsicum	peas	Cauliflower	broccoli & Sunflowers seeds	Beetroot & Caramelized onions
<b>Dairy + Milk Opt</b>	Milk	Banana Milk	Milk Custard	vanilla yoghurt	cheddar cheese
<b>Dessert</b>	Fresh Fruits	Fresh Fruits	Chocolates dipped profiteroles	Fresh Fruits	Fresh Fruits
	13-Nov	14-Nov	15-Nov	16-Nov	17-Nov

<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Preschool Entree/ Sa</b>	Crudit�	Carrot stick	Beetroot Dip	Vegetable Spring Roll	Cucumber baton
<b>Main Course</b>	Lamb Provencale	Omelette au Fromage	Chicken brochette	Hoki fillet with Ginger, Scallions and Rice Wine	Spirally Bolognaise
<b>Variety of Salad</b>	Cucumber & fennel tips	Tomato & basil	Mesclun	3 Colours Quinoa	Alain Delon's Caesar
<b>Bread</b>	Baguette	Assorted Roll	Lebanese bread	Wholemeal Bread	Baguette
<b>Carbohydrate</b>	Couscous	Beans And Chick peas	Pommes bataillles	Rice Noodles	Spirally pasta
<b>Vegetables</b>	Zucchini & thyme	Peas & Mushroom	Broccoli and Brussels sprouts	vegetable stir fry	Onions Carrots celery tomatoes
<b>Dairy + Milk Opt</b>	Milk	Cheddar	Milk	Pineapple yoghurt	Milk
<b>Dessert</b>	Fresh Fruits	Fresh Fruits	Choc-chip Cookie	Fresh Fruits	Fresh Fruits
	20-Nov	21-Nov	22-Nov	23-Nov	24-Nov

<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Preschool Entree/ Sa cost</b>	Cucumber dip	Chinese dumpling	crudité	Hard Boiled Egg	Avocado dip
<b>Main Course</b>	Corned Beef Horseradish sauce	Fried Rice With eggs & Ham	Poulet Chasseur	Pasta Al forno con Tonno	Beef Nachos
<b>Variety of Salads</b>	Coleslaw	Crunchy Green Leaves	Green lentils	Arugula with parmesan	tomato & cucumber Sals
<b>Bread</b>	Baguette	Assorted Roll	Lebanese bread	Wholemeal Bread	Tortilla & Corn chips
<b>Carbohydrate</b>	Steamed potatoes	White rice	CouCous	Penne pasta	Rice
<b>Vegetables</b>	broccoli	Vegetable Brunoise	Green & gold Beans	Eggplant & peas	Corn & red Capsicum
<b>Dairy + Milk Opt</b>	Milk	Caramel Yoghurt	Milk	Cheese Trio	Milk
<b>Dessert</b>	Fresh Fruits	Fresh Fruits	Black Forest	Fresh Fruits	Fresh Fruits
	27/11/2017	28-Nov	29/11/2017	30/11/2017	1/12/2017

<b>Week 4</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Preschool Entree/ Sa</b>	crudité	Capsicum Dip	Apple & celery	Egg canapé	Tomato Wedges & rosemary
<b>Main Course</b>	Braised Veal in Light coconut curry sauce	Pumpkin Ravioli	Mesclun	Hoki Fillet With Mushroom Sauce	Pizza Marguerite
<b>Variety of Salads</b>	Cucumbers & pickled Onions	English Spinach	Chicken A l'Orange	Garden salad	Coss & iceberg lettuce
<b>Bread</b>	Baguette	Assorted Roll	Lebanese bread	Wholemeal Bread	Focaccia
<b>Carbohydrate</b>	Basmati Rice	Pasta	Jasmine Rice	Penne Pasta	Corn on the cob
<b>Vegetables</b>	Cauliflower	Pumpkins & Garden herbs	Creamed Spinach	Honey Glazed Dutch Carrot	Eggplant & capsicum
<b>Dairy + Milk Option</b>	Milk	Mozzarella	Milk	Brie	Cheese Trio
<b>Dessert</b>	Fresh Fruits	Fresh Fruits	Caramel Mud cake	Fresh Fruits	Fresh Fruits
	4/12/2017	5/12/2017	6/12/2017	7/12/2017	8/12/2017

<b>Week 5</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Preschool Entree/ Salad</b>	celery & apple	crunchy tofu	Houmous dip	Hard egg on rice cracker	Ricotta dip
<b>Main Course</b>	Daube of Beef	Steamed pork buns	Oven Roasted Chicken , Rosemary Jus	Fish Tempura	100% beef sausages
<b>Variety of Salads</b>	green leaves	carrot curls	Mixed leaves	Shaved Cabbage salad	tomatoes
<b>Bread</b>	Baguette	Assorted Roll	Lebanese bread	Wholemeal Bread	Baguette
<b>Carbohydrate</b>	Guillaume's Mash	Hokkien noodles	Cornettes a L ail	Rice drizzled with Mirin & Sake	pommes Pon -Pon
<b>Vegetables</b>	petit pois a la francaise	Stir fry asian veg	Farandole du jardinier	Broccoli	cauliflower & caramelized onions
<b>Dairy + Milk Option</b>	Milk	yogurt	Milk	Fromage a la coupe	Milk
<b>Dessert</b>	Fresh Fruits	Fresh Fruits	Chocolate gateau	Fresh Fruit	Fresh Fruit
	11/12/2017	12/12/2017	13/12/2017	14/12/2017	15/12/2017

<b>Week 6</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Preschool Entree/ Sa</b>	crudité	sweet potatoes dip	Raw Carrot stick	Cherry tomatoes	bonne vacance
<b>Main Course</b>	Braised Veal in creamy mushrooms sauce	egg omelette with fines herbs	Hainanese Chicken	Carved Leg of Ham	a bientot
<b>Variety of Salad</b>	Mesclun	Coral lettuce	Crunchy sprouts	Spinach with crispy bacon	Happy Holliday
<b>Bread</b>	Baguette	Assorted Roll	Lebanese bread	Baguette	enjoy
<b>Carbohydrate</b>	Longrain rice	Hash brown	Rice	Gratin Dauphinois	safe travel
<b>Vegetables</b>	Carrot Vichy	vegetables medley	Choy -sum & corn Spears	Green Beans & Water chestnut	Merry N-Year
<b>Dairy + Milk Opt</b>	Milk	Vanilla Yoghurt	Milk	Ice Cream & xmax Bon-Bon	&
<b>Dessert</b>	Fresh Fruits	Fresh Fruits	Coconut cake	Fresh Fruits Salad	Happy X-mas
	18/12/2017	19/12/2017	20/12/2017	21/12/2017	22/12/2017